Why our family is covid cautious

- We have discussed Covid at length with our doctor, and she is in 100% agreement that we are doing the right thing by trying to avoid covid infection. She is very happy our children attend outdoor playgroups and has recommended these to her other patients. Her words to us were "People just don't want to hear about how bad covid is." and "we just don't know about the long term impacts"

- We are not worried about the one week initial infection. We are worried about the long term impacts.

- The majority of transmission is airborne. Covid can hang in the air for over 12 hours in aerosols. An aerosol particle the size of 1µm or less takes 12.2 hours to fall to the ground from a height of 1.5m (5ft). The size of a SARS-CoV-2 particle ranges from 0.07 µm to 0.09 µm, https://www.science.org/doi/10.1126/science.abd9149 meaning that even an empty room is not necessarily a safe room (e.g. public toilets)

- The majority of transmission is before symptoms.
  - In this study 32.4% of people didn't know that they had the virus when infected https://pubmed.ncbi.nlm.nih.gov/35891214/
  - This paper shows that 37% of children aged 0-4 years who tested positive for SARS-CoV-2 were asymptomatic but still had a high viral load https://www.medscape.com/viewarticle/980195

- Covid is not “just a cold” or "like the flu". It’s not even really a respiratory virus. It’s a vascular virus transmitted primarily by a respiratory route and can cause severe short and long term organ damage throughout a person's body.

- Covid shrinks the brain,
  - It does so by drilling nano-tubes https://www.scientificamerican.com/article/covid-virus-may-tunnel-through-nanotubes-from-nose-to-brain/
  - 100% of these people examined by MRI had brain damage https://neurosciencenews.com/post-covid-brain-21904/
  - COVID fuses brain cells together; and it's permanent https://www.science.org/doi/10.1126/sciadv.adg2248. Further explained here https://www.abc.net.au/news/2023-06-08/covid-19-can-cause-brain-fog-research-shows/102457290

- Multiple studies have shown cognitive impairment even after a mild initial infection.
  - A study of 1.28 million people, up to 2 years after Covid, w/ matched controls: "The persisting increased risk of post-COVID cognitive deficit, dementia, psychotic disorders, and epilepsy or seizures" and "similar during the delta and omicron waves" https://www.thelancet.com/journals/lanpsy/article/PIIS2215-0366(22)00260-7/fulltext

In another study with sample size of about 300,000 people who had experienced mild acute Covid, 61,785 reported concentration/memory problems 1-6 mths later & 149,618 of those people still reported that symptom 6-12 mths later, with no evidence that symptom resolved https://twitter.com/EricTopol/status/1613210885270219457

/EricTopol/status/1613319886379219457

- Accelerated brain ageing https://medicalxpress.com/news/2022-08-covid-infection-crucial-brain-regions.html
- And https://medicalxpress.com/news/2022-09-reveals-main-sars-cov-brain-effects.html
- And https://medicine.wustl.edu/news/covid-19-infections-increase-risk-of-long-term-brain-problems/
- And https://www.nature.com/articles/s41591-022-02001-z
- And in children https://pubmed.ncbi.nlm.nih.gov/34414470/

- An analysis of nearly one million Danish health records that found COVID-19 patients were more likely to be diagnosed with Parkinson's disease, as well as Alzheimer's disease, stroke and bleeding in the brain https://news.ecu.edu/2022/08/04/covid-parkinsons-link/

- Another study showed it increases risk of developing Alzheimer's by 50-80% in older adults https://www.news-medical.net/news/20220918/COVID-19-increases-risk-of-developing-Alzheimers-by-50-8025-in-older-adults.aspx.

- The effects on the brain actually changes people's behaviour: "SARS-CoV-2 infection affects cognitive processes to induce 'brain fog' and results in behavioural changes that favour viral survival and propagation." https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7845145/

- In fact, a Covid infection makes a person more trusting of strangers, and therefore more sociable, helping to spread the virus. https://www.pnas.org/doi/full/10.1073/pnas.2116818119 meaning it has a toxoplasmosis effect.

- Covid attacks the DNA in the heart https://www.brisbanetimes.com.au/national/queensland/unlike-flu-covid-19-attacks-dna-in-the-heart-new-research-20220929-p5bm10.html

- And Children's hearts: 60% of children who recovered from asymptomatic or mildly symptomatic COVID-19 still exhibit mild subclinical systolic cardiac impairment https://www.mdpi.com/2077-0383/12/1/186

- Covid ages arteries, even in young healthy people after a mild initial infection https://medicalxpress.com/news/2023-04-mild-covid-effects-cardiovascular-health.html

- Everyone infected with COVID is at higher risk for heart issues—including clots, inflammation, and arrhythmia, and this is a risk that persists even in relatively healthy people long after the illness has passed. https://publichealth.jhu.edu/2022/covid-and-the-heart-it-spares-no-one

` only does a mild Covid infection cause vascular degeneration and arterial stiffness, but it also ears that both of these conditions are degenerative. "The longer the period from COVID-19 infection the worse the vascular impairment...." https://www.mdpi.com/2077-0383/12/6/2123

- Covid causes blood clots. White Cells (monocytes) switch gene expression from an established innate immune profile to a pro-clotting signature in COVID https://www.nature.com/articles/s41467-022-35638-y
- And another study showing it causes micro blood clots in people's blood https://www.sciencedaily.com/releases/2021/10/211004104134.htm
- The British Heart Foundation put out a statement on how covid damges blood vessels https://www.bhf.org.uk/informationsupport/heart-matters-magazine/news/coronavirus-and-your-health/is-coronavirus-a-disease-of-the-blood-vessels
- It affects lungs https://pubmed.ncbi.nlm.nih.gov/36173325/
- In fact ALL kids have lung damage after covid. 60% air/bloodflow match vs normal of 80% https://www.rsna.org/news/2022/september/lasting-covid-damage
- Covid is associated with a 72% increase in Type 1 diabetes in Children: something which can be life threatening. https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2796649
- This study of 1.2 million children in Germany showed that the risk of diabetes doubles https://jamanetwork.com/journals/jama/fullarticle/2805461
- And it increases the risk of diabetes in adults: https://www.nature.com/articles/d41586-022-00912-y
- 46% of Covid patients have liver damage as shown in this study: https://m.timesofindia.com/city/mumbai/46-of-covid-patients-have-liver-damage-study/articleshow/97809200.cms
- Covid Actively Infects And Kills Lymphoid Cells https://www.forbes.com/sites/williamhaseltine/2022/04/14/sars-cov-2-actively-infects-and-kills-lymphoid-cells/?sh=3e00affd86b8
- Covid damages the immune system, and studies show T-cells do not fully recover.
  - This study showed that they had not recovered at 7 months (when the study ended) .https://www.nature.com/articles/s41423-021-00728-2#Sec11
  - This study showed that they had not recovered at 8 months https://www.nature.com/articles/s41590-021-01113-x?s=09
  - And in this study: "we discovered that a subset of the naive T-cells from the healthy individuals were absent from the recovered individuals," https://www.frontiersin.org/articles/10.3389/fimmu.2022.1034159/full

ⓘ and https://academic.oup.com/jid/advance-article/doi/10.1093/infdis/jiad1197143701?login=false

- German Minister of Health Karl Lauterbach: "It is worrying what we observe in people who have had

- German Minister of Health Karl Lauterbach: "It is worrying what we observe in people who have had several corona infections. Studies now show very clearly that those affected often have to deal with an incurable immune deficiency" https://www.n-tv.de/politik/Lauterbach-warnt-vor-unheilbarer-Immunschwaeche-durch-Corona-article23860527.html
  - This summarises it nicely: https://twitter.com/YouAreLobbyLud/status/1581093338169516034
  - In fact it has AIDS like properties as shown here: Deep Phenotyping of Neurologic Postacute Sequelae of SARS-CoV-2 Infection https://nn.neurology.org/content/10/4/e200097 and broken down in this explainer here: https://threadreaderapp.com/thread/1655308639937101824.html

- Loss of T-cells raises the chance of cancer later in life as there are fewer T-cells to clean out pre cancerous cells.

- This study shows that it does increase the risk of cancer https://onlinelibrary.wiley.com/doi/full/10.1002/jmv.28722

- And this: "predispose recovered patients to cancer onset and accelerate cancer development." https://www.mdpi.com/1422-0067/24/9/7803# so reports like this may well be more common https://www.newscientist.com/article/2366565-cancer-mystery-as-cases-rise-among-younger-people-around-the-world/

- Once infected, the virus will never leave. "Basically, it's hard to get rid of viruses," Prof. Diane Griffin. https://www.bloomberg.com/news/features/2023-03-01/hidden-viruses-in-your-body-could-answer-why-long-covid-lingers?srnd=premium&leadSource=uverify%20wall

- It persits in the tonsils https://www.medrxiv.org/content/10.1101/2023.01.21.23284592v1

- In fact, researchers have found traces of the SARS-CoV-2 virus throughout the entire body, from the brain and the heart to the eyes https://newatlas.com/science/covid-autopsy-study-virus-brain-body/

- There is no immunity from a single infection: Multiple infections are possible https://www.news-medical.net/news/20230126/Childrene28099s-immune-systems-do-not-develop-e28098adaptivee28099-memory-to-protect-against-second-time-SARS-CoV-2-infection.aspx

- Reinfection can happen very quickly as shown in this study: "Our findings indicate that the time between confirmed primary infections and reinfections with different Omicron subvariants is frequently shorter than the 90-day definition of reinfections used by the CDC. Furthermore, the time can be shorter than the 60-day definition of reinfections used by the ECDC." https://wwwnc.cdc.gov/eid/article/28/11/22-1109_article

- In fact, there is a documented case of a person being reinfected by different Omicron sublineages just days apart https://link.springer.com/article/10.1007/s42770-023-01018-x

- Multiple infections doubles a person's chance of dying and triples the likelihood of being hospitalised

https://www.webmd.com/covid/news/20221111/repeat-covid-infection-doubles-risk-of-death and https://medicine.wustl.edu/news/repeat-covid-19-infections-increase-risk-of-organ-failure-death/

- The more times people are infected, the higher the chance of long term effects https://erictopol.substack.com/p/a-reinfection-red-flag shows that the risk of at least one long term health sequelae at 180 days increased from 135% after one infection, to 211% after two infections, and 300% after three infections.

- The WHO statement on long Covid/"post Covid condition" said:

  "An estimated one in 10 infections results in post Covid condition suggesting that hundreds of millions of people will need longer term care"

  Hundreds of millions of people.

  Not one in 10 people.

  One in 10 infections.

  https://twitter.com/SMpwrgr/status/1651433967575515136

- This study shows that children are at as much risk of long covid from reinfection as the are from primary infection https://www.jpeds.com/article/S0022-3476(23)00311-6/fulltext. If approx 10% get Long Covid with each reinfection, the cumulative chance of a child staying free of long covid is .90 ^ x, where x = number of infections. 5 infections = .9^5 = .59, meaning their chance of getting a long term condition after 5 infections is 41%. Or, risk of long term condition at each infection is:

  1st infection 10%

  2nd infection 19%

  3rd infection 27.1%

  4th infection 34.4%

  5th infection 41%

  6th infection 46.9%

  7th infection 52.2%

  8th infection 57%

  9th infection 61.3%

  10th infection 65.2%

- Many children have ongoing post covid conditions https://healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Post-COVID-Conditions-in-Children-and-Teens.aspx#.YgF2gQH-qPZ.twitter

- Parents all over the world desperately looking for solutions for their kids with long covid https://www.sciencedirect.com/science/article/pii/S2352464222001547 - note the highest risk is in group 0-3 years.

- Many children die from it. It is a leading cause of death in children: https://www.medrxiv.org/content

/10.1101/2022.05.23.22275458v4

- It increases morbidity in children, as shown in this matched cohort study including more than 157,000 individuals with COVID-19 in Germany https://journals.plos.org/plosmedicine/article?id=10.1371/journal.pmed.1004122

- Studies have reported the persistence of COVID in faecal samples from MIS-C children.https://www.news-medical.net/news/20230215/Delayed-presentation-of-MIS-C-following-COVID-19.aspx inferring that covid leads to MIS-C

- Covid reactivates latent viruses https://www.frontiersin.org/articles/10.3389/fimmu.2022.949787/full

- We would like for our sons to be able to have children https://www.nature.com/articles/s41443-022-00540-0

- More links to a number of other studies showing that covid is bad news
  - https://twitter.com/MeetJess/status/1581862734349885441
  - https://twitter.com/jeffgilchrist/status/1573772566346567680
  - Specifically for children: https://twitter.com/GringoGranadino/status/1653866723886465025
  - Covid and the brain: https://twitter.com/GringoGranadino/status/1629861446241615872
  - A list of more scientific articles published in medical journals describing covid causing clots, embolisms, thrombosis, arrhythmias, strokes etc caused by covid https://twitter.com/GringoGranadino/status/1611234978137792512
  - Analysis of paediatric covid deaths https://twitter.com/greg_travis/status/1657388866486108161
  - Children and long covid https://twitter.com/GringoGranadino/status/1662689471173672960

- At our childrens age, covid adds 30 years to their biological age. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8201243/

- There is a very high risk of other unknown sequelae arising in the future
  - HIV to AIDS ~ takes an average of 12 years
  - HPV to cervical cancer ~ up to decades
  - Chicken pox to shingles ~ up to decades
  - Spanish Flu to encephalitis lethargica ~ temporal association suggests up to a decade
  - COVID to chronic diseases ~ can take just weeks, and who knows what issues it will cause in the future. As our doctor says “we just don't know”

id has officially caused 20,000 deaths in Australia, and that is an understatement. If you look at the tralian excess deaths since the start of the pandemic they are at 40,000 excess deaths. Actuaries have explained these non-covid excess deaths as follows: "can be explained by patients who passed

away from other illnesses within 90 days after being infected with COVID-19. In other words, COVID-19 aggravated existing illnesses, resulting in further mortalities." https://twitter.com/KarenCutter4/status/1571673953260933121

- Covid has created more than 10 million orphans globally, and 3,000 in Australia. Life expectancy around the world is falling https://ourworldindata.org/grapher/life-expectancy?time=1980..latest

- As parents, we need to stay healthy to support our children through their young years, teens, twenties. We need to avoid infection to look after them.

- We are the parents and these protective guidelines are our decision. We are very well informed and we are constantly looking for data that shows us to be wrong. We actually really, desperately, want to be wrong, but we aren't. We are following the science, the risk advisors to health insurance companies, the actuaries, and are watching how the billionaires clean the air at conferences like Davos.

- Our children have their whole lives before them. The actions we take now will impact them later in life.

- Studies have shown that children's immune systems develop best in nature. https://www.bbc.com/future/article/20220929-how-outdoor-play-boosts-kids-immune-systems, not by being exposed to a biohazard level 3 blood clotting diabetes causing brain shrinking airborne bat virus.

- We are living a healthy, outdoors focused lifestyle, and when we are indoors with other people we mask, and no, masks do not starve us of oxygen. This study found no difference in blood oxygen levels, and that was during moderate exercise among pregnant women https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4647822/

Thank you for your understanding. We wish things were different. We are dealing with the world how it is instead of how we wish it were. We know that the world has moved on and is pretending that the data is not real, but the data is real.

We are looking forward to lots of wonderful outdoor family catch-ups with you all

End/

The following is all speculation.

Why would the government and the corporate media try to convince the public that the pandemic is over?

- Big oil was the big loser during lockdowns. The oil price actually went negative https://www.macrotrends.net/2516/wti-crude-oil-prices-10-year-daily-chart/. Do you really think that the oil companies are going to allow that to happen again?

- Their solution was to come up with the Great Barrington Declaration https://gbdeclaration.org/ which was funded by big oil and the Koch family
  - https://en.wikipedia.org/wiki/Great_Barrington_Declaration see sponsor section
  - https://www.resilience.org/stories/2020-10-29/a-right-wing-think-tank-is-behind-the-controversial-great-barrington-declaration-calling-for-covid-19-herd-immunity/
  - It even has links to the military industrial complex https://bylinetimes.com/2020/12/02/ministry-of-defence-funds-man-behind-great-barrington-declaration/

- Lower oil demand even threatens the USD's status of global reserve currency. The US requires that all countries pay for oil in USD which maintains the USD's role as global reserve currency. To buy oil, countries must first buy USD. If oil sales drop, or if countries pay for oil in non USD, then there is lower demand for USD. The US funds it's military by printing money. Lower demand for the USD weakens the ability to print money for the military. A threat to oil is a threat to the USD and the Military Industrial Complex. To understand this in detail read:
  - https://threadreaderapp.com/thread/1523759920629555200.html
  - https://cryptonews.com/exclusives/petrodollar-system-why-could-bitcoin-fix-it.htm

- Big Oil, Big Business, and the full corporate media have embraced the Great Barrington Declaration to defend corporate profits and the USD. Politicians have followed and they don't play along, their support and donations stop.

- Raina MacIntyre is a highly respected professor who has lead epidemic field responses for WHO, and she has said that that our government is intentionally trying to infect children as per the Great Barrington Declaration https://twitter.com/Globalbiosec/status/1611813671981961219

- The Queensland Health Minister even said that it is necessary to infect children https://twitter.com/ColinKinner/status/1557257474235076608

- And later admitted that it was all based on "hope" of immunity and there was no science backing this up https://twitter.com/RageSheen/status/1615785004583510016

- These political appointees make misleading statements such as "Covid is like the flu" https://www.abc.net.au/news/2023-04-17/long-covid-on-par-with-flu-in-highly-vaccinated-population/2230066 when such studies are "observational" and rely on self-reporting by text messages at the 12 week mark (after infection). No consideration for Long Covid. No mention of multi-organ

involvement. No references to a scientific journal. No peer review. This example just relied on self reported "how did people feel" at 12 weeks post acute illness. Totally flawed and irresponsible for a Chief Health Officer to promote. Statements like this are a perfect case of using facts selectively to minimize and deflect the real impact of this new illness.

- Watch them squirm when they are questioned about it. They can't answer https://www.youtube.com/watch?v=p2rCtaBBdwE

No thanks. The government is not going to infect our children.

We'll believe the scientists, the actuaries and the insurance company risk advisers, and watch how the billionaires clean the air at Davos way more than paid off politicians and political appointees.

But the people that are manufacturing consent for mass infection in order to defend their financial interests are very good at what they do:

- https://twitter.com/RageSheen/status/1607467253188132864

- https://threadreaderapp.com/thread/1657064263578427392.html

If this document has helped you in any way, e.g. by saving your T-Cells or ensuring your brain does not have nano tubes drilled in it and if you wish to show gratitude, you can share Bitcoin love to:
3BWTzw5m7pX2BxXDFgPHuGbT1Hnw1Zu2Cq

oh... and I really like this digital currency called Forestcoin
Plant trees to earn Forestcoin.
Buy Forestcoin and spend it at businesses.
Accept Forestcoin as payment in your business.
Put tree planting at the center of currency creation!
https://forestcoin.earth/

From my family to yours, stay well.